

## Sunday, February 1, 2026

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### "Noble Silence" Meditation Class

Date and Time: Sunday, February 1 6:00 pm - 7:00 pm

Address: 148 Main Street South, Acton, ON L7J 1X9

Category: Festivals and Events

Practicing meditation helps calm the mind, reduce stress, and bring awareness to the present moment. Even a few minutes each day can improve focus, emotional well-being, and inner peace. Over time, regular meditation nurtures a deeper connection with oneself and promotes a sense of balance in daily life.

Cost : Free

This meditation class is the perfect way to learn how and why to meditate in the way the Buddha taught. This class is free and open to the public. No need to register.

We will cover:

- Meditation posture
- Why we meditate
- The problems that happen in our meditation and how to overcome them
- Breathing meditation
- Loving-kindness meditation
- Meditation on the nature of the body
- Meditation on the parts of the body and the elements
- Walking meditation

The class is a mix of instructions and guided meditations. We have plenty of chairs and cushions. Don't be nervous if you've never been to a monastery or meditation class before. The atmosphere at our activities is peaceful, welcoming and very friendly.

## Tuesday, February 3, 2026

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### Artist Talk with Komi Olaf

Date and Time: Tuesday, February 3 7:30 pm - 8:30 pm

Address: 9 Church St, Georgetown ON L7G 2A3

Category: Film or Performing Arts

This February, participate in a variety of free and ticketed programs and events in recognition of Black History Month. Check out artwork on display at the Cultural Centre, watch a film in the John Elliott Theatre, or attend family-friendly programming at the Halton Hills Public Library.

Komi Olaf is a visual artist, writer, and poet born in Kaduna, Nigeria. His paintings are known for utilizing metaphor, symbolism, and cultural commentary to address ideas of decolonization through the lens of Afrofuturism. This artistic and cultural movement examines African culture and its intersection with present and future technologies.

Register for free tickets: [https://secure1.tixhub.com/haltonhills/online/b\\_otix.asp?cboPerformances=1661&cboEvent=861](https://secure1.tixhub.com/haltonhills/online/b_otix.asp?cboPerformances=1661&cboEvent=861)

## Friday, February 6, 2026

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### Faire des Chocolats avec Le Coin Franco de Halton Hills? / Chocolate making with Le Coin Franco de Halton Hills?

Date and Time: Friday, February 6 7:00 pm - 9:00 pm

Address: Hillsview active living center, Unit #9, 318 Guelph Street, Georgetown

Category: Food and Beverage

ENGLISH TRANSLATION WILL FOLLOW:

Venez faire vos propres chocolats et remplissages pour la St-Valentin tout en passant une soirée en français avec nous. Durant la soirée, vous allez préparer les coquilles de vos chocolats ainsi qu'au moins 1 remplissage. Les remplissages seront ensuite partagés avec tous et vous pourrez choisir ce que vous voulez placer dans vos chocolats. Il y aura aussi des remplissages déjà prêts que vous pourrez goûter et essayer.

Vous pourrez aussi ajouter des décorations à vos créations.

Pour les 12 ans et +

Les places sont limitées et vous devez vous inscrire au lien suivant: <https://forms.gle/4wq1HEKbgeYiTZYHA>

L'endroit: Hillsview active living center, est un endroit accessible à tous.

Beaux! Bons! Pas chers! Les frais demandés ( 15\$) servent entièrement à payer à la location du local et les matériaux et ingrédients.

Vous avez des questions? N'hésitez pas à nous contacter : [LeCFHH@gmail.com](mailto:LeCFHH@gmail.com)

Au plaisir de vous rencontrer

Maryse

Présidente du Coin Franco de Halton Hills

Come make your own chocolates and fillings for Valentine's Day while enjoying an evening in French with us. During the evening, you'll

prepare the chocolate shells and at least one filling. The fillings will then be shared, and you can choose what you want to put in your chocolates. There will also be pre-made fillings for you to taste and try.

You can also add decorations to your creations.

For ages 12 and up

Space is limited, and you must register at the following link: <https://forms.gle/4wq1HEKbgcYiTyZHA>

Location: Hillsvie Active Living Center, an accessible venue for everyone.

Beautiful! Delicious! Affordable! The fee (\$15) covers the cost of the space, materials, and ingredients.

Do you have any questions? Feel free to contact us: [LeCFHH@gmail.com](mailto:LeCFHH@gmail.com)

Looking forward to meeting you

Maryse

President du Coin Franco de Halton Hills

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## Saturday, February 7, 2026

### Library Speakers Consortium | Halton Hills Public Library

Date and Time: Saturday, February 7 7:00 pm - 8:00 pm

Address: 9 Church St, Georgetown ON L7G 2A3

Category: Education and Workshops

Join us for an unforgettable experience as we chat online with Vanessa Riley about her newest book, *Fire Sword and Sea*, based on the folk story of the female pirate Jacquotte Delahaye.

Thursday, February 5 at 7:00 p.m. - Swashbuckling Heroines and High Seas Adventures with Novelist Vanessa Riley

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## Sunday, February 8, 2026

### "Noble Silence" Meditation Class

Date and Time: Sunday, February 8 6:00 pm - 7:00 pm

Address: 148 Main Street South, Acton, ON L7J 1X9

Category: Festivals and Events

Practicing meditation helps calm the mind, reduce stress, and bring awareness to the present moment. Even a few minutes each day can improve focus, emotional well-being, and inner peace. Over time, regular meditation nurtures a deeper connection with oneself and promotes a sense of balance in daily life.

Cost : Free

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We will cover:

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- Why we meditate
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- Walking meditation

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## Saturday, February 14, 2026

### Family Day Weekend – Winter Fun at Willow Park Ecology Centre

Date and Time: Saturday, February 14 7:00 am

Address: Willow Park Ecology Centre

Category: Recreation and Active Living

Family Day Weekend – Winter Fun at Willow Park Ecology Centre

Date & Time: Sat. Feb 14 – Mon. Feb 16, 2026 | Dawn to Dusk, anytime

Location: Willow Park Ecology Centre, Norval, Halton Hills (parking lot access Mary St, Norval)

Who it's for: Families, kids, nature lovers of all ages who want to have fun soaking up the beauty and magic of nature anytime.

What to expect:

- Nature Trails for self-guided walks — follow the trail at your own pace
- Scavenger Hunt Cards - just over the footbridge entrance in a Kiosk Card Box. Take one to spy clues on the card and guide your family's nature discovery.
- Scenic, destination selfie-spots well-labelled.
- Winter wildlife foraging, deer sightings, birds chirping, majestic trees sleeping.

Cost: FREE

Registration: Eventbrite / Facebook Event

Note: This is an unstaffed event

Celebrate Family Day by exploring the outdoors together!

Snap fun family photos during your hikes and scavenger hunt - whether it's candid moments or a shot of your kids taking in the scenery then share your adventures with us on our social pages.

## Sunday, February 15, 2026

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### Family Day Weekend – Winter Fun at Willow Park Ecology Centre

Date and Time: Sunday, February 15 7:00 am

Address: Willow Park Ecology Centre

Category: Recreation and Active Living

Family Day Weekend – Winter Fun at Willow Park Ecology Centre

Date & Time: Sat. Feb 14 – Mon. Feb 16, 2026 | Dawn to Dusk, anytime

Location: Willow Park Ecology Centre, Norval, Halton Hills (parking lot access Mary St, Norval)

Who it's for: Families, kids, nature lovers of all ages who want to have fun soaking up the beauty and magic of nature anytime.

What to expect:

- Nature Trails for self-guided walks — follow the trail at your own pace
- Scavenger Hunt Cards - just over the footbridge entrance in a Kiosk Card Box. Take one to spy clues on the card and guide your family's nature discovery.
- Scenic, destination selfie-spots well-labelled.
- Winter wildlife foraging, deer sightings, birds chirping, majestic trees sleeping.

Cost: FREE

Registration: Eventbrite / Facebook Event

Note: This is an unstaffed event

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### "Noble Silence" Meditation Class

Date and Time: Sunday, February 15 6:00 pm - 7:00 pm

Address: 148 Main Street South, Acton, ON L7J 1X9

Category: Festivals and Events

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Cost : Free

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We will cover:

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- Meditation on the parts of the body and the elements
- Walking meditation

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## Monday, February 16, 2026

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### Family Day Weekend – Winter Fun at Willow Park Ecology Centre

Date and Time: Monday, February 16 7:00 am

Address: Willow Park Ecology Centre

Category: Recreation and Active Living

Family Day Weekend – Winter Fun at Willow Park Ecology Centre

Date & Time: Sat. Feb 14 – Mon. Feb 16, 2026 | Dawn to Dusk, anytime

Location: Willow Park Ecology Centre, Norval, Halton Hills (parking lot access Mary St, Norval)

Who it's for: Families, kids, nature lovers of all ages who want to have fun soaking up the beauty and magic of nature anytime.

What to expect:

- Nature Trails for self-guided walks — follow the trail at your own pace
- Scavenger Hunt Cards - just over the footbridge entrance in a Kiosk Card Box. Take one to spy clues on the card and guide your family's nature discovery.
- Scenic, destination selfie-spots well-labelled.
- Winter wildlife foraging, deer sightings, birds chirping, majestic trees sleeping.

Cost: FREE

Registration: Eventbrite / Facebook Event

Note: This is an unstaffed event

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## Friday, February 20, 2026

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### TIFF OnScreen at the JET presents: Samia

Date and Time: Friday, February 20 7:30 pm - 9:15 pm

Address: 9 Church St, Georgetown ON L7G 2A3

Category: Film or Performing Arts

This February, participate in a variety of free and ticketed programs and events in recognition of Black History Month. Check out artwork on display at the Cultural Centre, watch a film in the John Elliott Theatre, or attend family-friendly programming at the Halton Hills Public Library.

Based on a true story, this drama of resilience focuses on a Somali runner who defied the odds to make it to the 2008 Beijing Olympics.

Purchase tickets in-person or online at the John Elliot Theatre Box Office.

## Saturday, February 21, 2026

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### Ignite the Night

Date and Time: Saturday, February 21 6:30 pm - 9:00 pm

Address: 14452 Winston Churchill Blvd.

Category: Festivals and Events

### Explore a Brightly Lit Winter Trail

Ignite your love of winter along a two-kilometre illuminated forest trail at Terra Cotta Conservation Area.

#### What You Can Do

Ski, snowshoe and kicksled rentals available if conditions allow. Reservable ice rink available if condition allows. Visitors are also welcome to bring their own equipment. You can warm up with a hot drink and grab some snacks at the Park Store.

[Plan ahead and purchase your admission online to save time.](#)

#### What to Bring

- Headlamps or flashlights are recommended.

#### Event Notes

- Snowshoeing, skiing and hiking available based on winter conditions.
- Registration is not required for this event. Regular park admission applies.
- Free for Credit Valley Parks pass holders.
- No admittance is available after 8:00 p.m. as the experience takes a minimum of 1 hour to enjoy.

This event is subject to change or cancellation due to inclement weather. Please check [Park Advisories](#) for updates to stay current on event changes or cancellations.

## Sunday, February 22, 2026

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### "Noble Silence" Meditation Class

Date and Time: Sunday, February 22 6:00 pm - 7:00 pm

Address: 148 Main Street South, Acton, ON L7J 1X9

Category: Festivals and Events

Practicing meditation helps calm the mind, reduce stress, and bring awareness to the present moment. Even a few minutes each day can improve focus, emotional well-being, and inner peace. Over time, regular meditation nurtures a deeper connection with oneself and promotes a sense of balance in daily life.

Cost : Free

This meditation class is the perfect way to learn how and why to meditate in the way the Buddha taught. This class is free and open to the public. No need to register.

We will cover:

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- Meditation on the parts of the body and the elements
- Walking meditation

The class is a mix of instructions and guided meditations. We have plenty of chairs and cushions. Don't be nervous if you've never been to a monastery or meditation class before. The atmosphere at our activities is peaceful, welcoming and very friendly.

## Saturday, February 28, 2026

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### Ignite the Night

Date and Time: Saturday, February 28 6:30 pm - 9:00 pm

Address: 14452 Winston Churchill Blvd.

Category: Festivals and Events

### Explore a Brightly Lit Winter Trail

Ignite your love of winter along a two-kilometre illuminated forest trail at Terra Cotta Conservation Area.

#### What You Can Do

Ski, snowshoe and kicksled rentals available if conditions allow. Reservable ice rink available if condition allows. Visitors are also welcome to bring their own equipment. You can warm up with a hot drink and grab

ab some snacks at the Park Store.

[Plan ahead and purchase your admission online to save time.](#)

### **What to Bring**

- Headlamps or flashlights are recommended.

### **Event Notes**

- Snowshoeing, skiing and hiking available based on winter conditions.
- Registration is not required for this event. Regular park admission applies.
- Free for Credit Valley Parks pass holders.
- No admittance is available after 8:00 p.m. as the experience takes a minimum of 1 hour to enjoy.

This event is subject to change or cancellation due to inclement weather. Please check [Park Advisories](#) for updates to stay current on event changes or cancellations.

<https://calendar.visithaltonhills.ca>